

WORKSHOP SCHEDULE

8:45 a.m.	Registration
9:00	Introduction
9:10	Fetal and Maternal Monitoring Equipment
9:30	Baseline Characteristics
10:00	Break
10:20	Baseline Characteristics (continued)
11:30	Periodic/Episodic Changes
12:00 p.m.	Lunch (on your own)
1:00	Periodic/Episodic Changes (continued)
2:00	Pattern Recognition
2:30	Break
2:45	Antepartum Testing
3:00	Documentation Dilemmas
4:00	Evaluation and Closing

University of Iowa Health Care Faculty:

Jeana Forman, MSN, RNC-OB, C-EFM, CHSE Nursing Practice Leader, Labor and Delivery, Children's and Women's Services, Department of Nursing

Amy Dunbar, MSN, RNC-OB, C-EFM, Obstetric Nurse Specialist, Iowa Statewide Perinatal Care Program, Department of Pediatrics

Brooke Noto, BSN, RN, RNC-EFM, Staff Nurse, Labor and Delivery

Brenda Wolf, BSN, RN, RNC-OB, C-EFM, Clinical Coordinator, Iowa Statewide Perinatal Obstetrics Nurse Consultant

Julie Zimmerman, MSN, RNC-OB, C-EFM, Clinical Practice Leader, Labor and Delivery, Children's and Women's Services, Department of Nursing

Schedule and speakers are subject to change. Faculty are staff of UI Healthcare unless otherwise indicated.



University of Iowa Health Care
Department of Nursing
200 Hawkins Drive
Iowa City, IA 52242-1009

CE Nursing Continuing Education

Basic Fetal Monitoring Workshop

February 25, 2025	August 27, 2025
April 23, 2025	September 16, 2025
June 18, 2025	November 20, 2025

Children's & Women's Services Classroom

8770 John Pappajohn
University of Iowa Health Care
200 Hawkins Drive
Iowa City, IA 52242-1009-]]

IOWA
HEALTH CARE

Basic Fetal Monitoring Workshop

CE NURSING CONTINUING EDUCATION

This workshop is designed to provide basic information for obstetrical nurses on the use of fetal monitoring in the care of patients.

2025 PROGRAM OFFERINGS

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Sponsored by:

Department of Nursing Services and Patient Care

IBN Approved Provider #34



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GENERAL INFORMATION

Purpose:

This workshop is designed to provide basic information for obstetrical nurses on the use of fetal monitoring in the care of patients. Discussion will include methods of fetal monitoring, recognition of changes and interventions to assist in the management of patients. Documentation issues and methods of antepartum testing will be included.

Nursing Credit:

5.4 contact hours will be granted by UI Health Care Department of Nursing (IBN Approved Provider #34). Participants must attend the entire program to receive full credit.

Intended Audience:

Licensed nurses, providers, and physicians.

Educational Objectives:

Upon completion of this program, learner should be able to:

- Discuss external and internal methods of monitoring fetal heart rate and uterine activity.
- Identify characteristics of fetal heart rate baseline and periodic and episodic changes using National Institute of Child Health and Human Development (NICHD) terminology.
- Identify fetal heart rate patterns requiring interventions.
- Review fetal heart rate patterns and uterine activity and discuss appropriate interventions.
- Discuss documentation and communication of electronic fetal monitoring.
- Describe methods of antepartum testing for the evaluation of fetal well-being.

REGISTRATION

Registration:

- Preregistration is required
- Online registration only
- Credit card payments only
- Registration is through UI Carver College of Medicine CloudCME

CloudCME Registration Link: <https://uiowa.cloud-cme.com>

In the yellow menu bar click **IA Board of Nursing CE**
Click **Register** on the desired course

You will need to set up an account if you are a first time user, or 'sign in' if you already have a CloudCME account

Session

- February 25, 2025
- April 23, 2025
- June 18, 2025
- August 27, 2025
- September 16, 2025
- November 20, 2025

Deadline

- February 11, 2025
- April 9, 2025
- June 4, 2025
- August 13, 2025
- September 2, 2025
- November 6, 2025

Workshop Fee:

- **UI Health Care OB Nurses or UI Health Care Family Medicine Nurses: No fee**
- **UI Health Care All Other Staff: \$40**
- **Non-UI Health Care Staff: \$120** (includes workshop materials, parking and nursing CE credit) A \$20 non-refundable late fee will be assessed for all registrations made after the deadline.

Class Minimum: Minimum of 3 registered attendees required to hold the class. If minimum is not met, attendees may transfer registration to a future course.

Refund: Full (minus \$20 cancellation fee) if notification received 3 days prior to the program. Substitutions are permitted at any time.

Location & Parking:

Due to fluctuations in room temperature, we recommend you dress accordingly for your personal comfort.

The Children's and Women's Services Classroom is located on 8 floor, John PappaJohn in UI Health Care (elevator I to 8th floor, go away from Department of Psychiatry). Maps of the Hospital and Iowa City area can be obtained on the web at <https://www.uihc.org/Your-Visit>.

Parking is available in Hospital Parking Ramps 1, 2, or 3. Parking passes will be issued at registration for external participants only. No need to bring parking transaction ticket with you.

Participants should enter the Hospital through the main entrance and inquire at the Information Desk for directions to the classroom.

INFORMATION & UPCOMING CE OFFERINGS

Visit our website for program information and brochures.
<https://uihc.org/nursing-continuing-education-schedule>

Questions concerning CE programs may be directed to the Nursing Clinical Education Center at nursingcontinuinged@uiowa.edu or at **319-356-1238**.

The UI Health Care Department of Nursing's continuing education programs are developed under the supervision of Lou Ann Montgomery, PhD, MAN, RN, NPD-BC, FAAN.

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Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires a reasonable accommodation in order to participate in this program, please contact the Department of Nursing in advance at (319) 356-1238.